



Wood Lane Residential Services Trauma Informed Care

8/25/2016

Wood Lane Residential Services (WLRS) serves over 150 people in Wood County. Our objective in using the TIC grant is to create a TIC culture in our agency to help us better serve individuals with traumatic past. This culture will then give us the ability to continue to work with all individuals in various settings.

WLRS's 3 tiered approach includes Administrative staff, Individuals served and Direct Support Professionals to create a culture of support.

1. For the Administrative staff
 - a. To build the foundation of becoming a Trauma Informed Care agency, on June 24, 2016, WLRS brought in renowned speaker Mary Vicario and Carol Hudgins-Mitchell for a full day inservice to 100 of our administrative, supervisory and support staff. The expectation is to build the culture from the top down.
 - b. A TIC committee comprised of administrative, supervisory, direct care and professional staff was created. Using our grant application as guidance, the committee is building a foundation for the TIC culture at WLRS.
 - c. Two employees routinely attend the Regional TIC Collaborative meetings. Our Behavior Support Specialist is a Trained TIC trainer and has been providing training to various agencies in the northwest region on Trauma Informed Care. As well as internally to our supervisor and professional staff routinely.
2. For the Individuals Served
 - a. WLRS has a Residential Consumer Advisory Board. This group has worked hard to provide information to the individuals we serve on important topics. This committee is producing a movie that focus's around emotions. The objective is twofold. First to help individuals served understand emotions and develop coping strategies. Second to help DSP's understand effect of past trauma. To look deeper than the surface reaction to find the root cause. To understand and have empathy for people.
 - b. WLRS has explored and helped people participate alternative therapies in the effort to build outlets for expression. Local artists have provided opportunities for art expression (through painting) and music expression (through a drumming circle).
3. For the DSP staff
 - a. We are developing an Emotional First Aid curriculum. Our plan is to have all staff certified in Emotional First aid with renewal every 2 years.
 - b. We are developing Trauma Timelines first focusing on individuals who are struggling with the plan to create a timeline for most people we serve. Valuable lessons about the root cause of behaviors as well as empathy for individual experiences have made a tremendous impact on how they work with some of the individuals served.

Should you desire more information on any of these objectives contact Debbie Leibig, Consumer Services Coordinator at dleibig@wlrs.org or 419-353-9577.