

Rose-Mary's

Supporting People with Complex Needs through Trauma Responsive Care: Feeling Safe, Connected, and In Control

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Project Goal: Using the TRC model, Rose-Mary will develop the skill base and clinical infrastructure necessary to open 3 new waiver homes for people who have complex needs in each coming year.

Target Population: People who are dually diagnosed with I/DD and mental health needs, aging out of foster care or moving out of Developmental Centers

Geographic Area: Cuyahoga County

Key Consultants: The Aldridge Palay Group (Kevin Aldridge & Lara Palay); Dr. Stephen Ruedrich

Objectives & Activities

Accomplished

- Pre-Implementation: Incorporate basic trauma awareness into existing trainings
- Organizational assessment & personalization of the TRC approach
- Core 4-hour TRC training for all staff

In Process

- Consultation with Dr. Stephen Ruedrich to adopt best practices in dual diagnosis
- Develop a long-term partnership with community mental health provider
- Incorporate TRC & Mindful Management into management practices
- A new template for individual plans, including assessment tools
- TRC training and coordination with county board staff and clinical partners

Coming Soon

- TRC training for families and advocates
- Staff mentoring program
- Evaluation of project outcomes
- Public training event for regional providers & stakeholders