

When Considering Restrictive Measures

Here are several topics a person with developmental disabilities and their team should explore when considering the use of restrictive measures.

- Are the supports in place individualized and person-centered?
- When and where is the person happiest and most successful?
- Has the team explored what makes the person feel safe?
- Has the team capitalized on the person's strengths to meet challenges and needs?
- Has the team engaged the person in preferred activities to reduce the likelihood of the person communicating boredom or frustration?
- What changes has the person experienced recently?
- Is there balance between "important to" and "important for"?
- What strategies have been tried most recently?
- Are the right people part of the person's current team?
- Is there other information from a person's assessed to consider?
- Is the person experiencing a medical, dental, or mental health issue?
- What is the person's trauma history? Has a biographical timeline been completed for the person?
- Are there sensory or environmental factors to consider?
- Has the team identified the needed services or supports to meet court-ordered community controls?
- Has the team developed necessary coordination with community entities (courts, prisons, hospitals, and law enforcement) involved with the person's care?

Is a Restrictive Measure Necessary and Allowable?

Does the behavior meet risk of harm?

Risk of harm is a direct and serious risk of physical harm to the person or another person. The person must be causing physical harm or very likely to begin causing physical harm.

Does the behavior meet likelihood of legal sanction?

The behavior must be very likely to result in a legal sanction, such as an eviction, arrest, or incarceration (only allowable for restrictions of rights).

Documented Assessed Need

Is there a documented assessed need from the past 12 months that identifies the behavior being addressed?

Before Implementing a Restrictive Measure

Consider these questions before implementing a restrictive measure.

- Is there a single person-centered plan (one plan and no separate behavioral support plan)?
- Has the team ensured the least restrictive option?
- Has the team obtained informed consent?
- Has the team obtained approval of the Human Rights Committee?
- Has the team notified the Ohio Department of Developmental Disabilities via the Restrictive Measure Notification (RMN) process?
- Has the staff been trained?
- Has the service and support administrator or qualified intellectual disabilities professional ensured all other restrictive measure requirements have been met?

90-Day Reviews

- Has the team reviewed documentation for the effectiveness of strategies (is electronic or telecommunication acceptable)?
- Has the team determined if the strategies should be continued, discontinued, or revised?
- If the restrictive measure is continued, has the team made the decision based on up-to-date information indicating the risk of harm or likelihood of legal sanction is still present?
- Did the team include the person with disabilities (unless they chose otherwise)?

Helpful Resources

Regional Behavior Support Workshops/Family and Children First Council

Consider attending a behavior support workshop in your region, which offer opportunities to work through complex behavioral issues with peers in the field.

Coordinating Center of Excellence in Mental Illness/Intellectual Disabilities

Visit www.miidccoeohio.org for person-centered planning resources and information regarding mental illness and intellectual disabilities teams.

KIT @ DODD

The Ohio Department of Developmental Disabilities website provides a comprehensive collection of resources to use in developing plans.

Visit dodd.ohio.gov/Pages/Kit.aspx.

DODD and OMHAS Trauma-Informed Care Initiative

The trauma-informed care initiative has generated a variety of resources that can help incorporate trauma-informed principles in your work.

Visit www.mha.ohio.gov/Initiatives/Trauma-Informed-Care.